# **Calendar of Events**

info@indianapsychology.org

December 19, 2025

December 2025 IPA Webinar: Understanding the Federal and State Advocacy Landscape Live Webinar

12:00 PM - 01:00 PM EST IPA 2025 Webinar Series 1.0 Hour of Category I CE credit Friday, December 19, 2025 at Noon

Registrants will receive further information for participating via Zoom Webinar for the presentation.

Understanding the Federal and State Advocacy Landscape

The APA Advocacy team provides participants interactive training in federal advocacy skills and how to be effective advocates for psychology in their own communities. The presentation to IPA will include:

Overview of federal and state funding issues.

Overview of mental health licensing issues.

Overview of range of advocacy actions and how policymakers interpret them. Q&A

## Learning Objectives:

By completing this program, participants will able to:

- 1. Describe at least 3 actions one can undertake while engaging in advocacy.
- 2. Describe at least 1 federal or state funding mechanism for psychological services.
- 3. Identify at least 1 policy issue pertaining to state mental health services licensing.

Presenter Bio: Alix Ginsberg, MPH, Deputy Chief of State Advocacy, aginsberg@apa.org

Alexandra "Alix" Ginsberg, MPH, is the Deputy Chief of State Advocacy at the American Psychological Association. For over a decade, Ginsberg has advanced key psychology workforce priorities on Capitol Hill, including increased federal support for psychology education and training and access to high-quality mental and behavioral health services for at-risk populations. Ginsberg supports strategic advocacy initiatives for APA, including its grassroots work and the Psychology PAC. She holds a bachelor's degree in Political Science from Syracuse University, and Master's in Public Health from the George Washington University.

# Alix Ginsberg

Presenter bio: Deborah Baker, JD, Head, Office of Professional Legal and Regulatory Affairs, dbaker@apa.org

Deborah C. Baker, JD is the Head of the Professional Legal & Regulatory Affairs Office for the American Psychological Association. She works with APA leadership and members, state psychological associations, regulatory bodies and external stakeholders on a variety of issues involving telehealth and digital therapeutics, HIPAA compliance and patient data security and scope of practice/licensure including prescriptive authority and interjurisdictional practice.

Ms. Baker has provided support to several APA task forces in developing association policies, such as the current revision to the APA Model Licensure Act for Psychologists, the 2024 APA Guidelines on the Practice of Telepsychology, APA Guidelines for the Page 1/7 Use of Social Media and APA policies on prescriptive authority for psychologists and

designation of psychopharmacology training programs. She received her BA from the University of Virginia and her law degree from the University of Richmond School of Law. She is licensed in both Washington DC and Virginia.

Deborah Baker

Special Note to Conference Attendees

The Indiana Psychological Association (IPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Indiana Psychological Association maintains responsibility for this program and its content.

Indiana State Psychology Board and Indiana Behavioral Health Board:

IPA is an approved provider of Category I continuing education for psychologists.

IPA is an approved provider of Category I continuing education for LSW, LCSW, LMFT, LMHC, LMFTA, LCAC and LAC.

Licensees must judge the program's relevance to their professional practice.

Please note that APA rules require that credit be given only to those who attend the entire workshop. Those arriving more than 15 minutes after the scheduled start time or leaving early will not receive CE credits. Partial credit cannot be given. We ask that all participants return the post-program evaluation form at the conclusion of the program. Alix, Deborah, and IPA have not received any commercial support for this program or its contents and will not receive any commercial support prior to or during this program.

CE certificates will be distributed via email withing two weeks post-event.

# Registration Fees

IPA New, Premier, Platinum, Emeritus-Practicing, and Student Members - \$0
IPA Basic, Emeritus-Retired Members, and Affiliate Members - \$15
Non-Members - Psychologists and Other Professionals \$30
\*If a non-member Student seeking to attend, please either join IPA (free membership with "sponsorship" by an IPA Academic Member or, if outside the state of Indiana, please contact info@indianapsychology.org.

Registration will close on Thursday, December 18th, 2025.

February 20, 2026

# February 2026 IPA Webinar: Clinician and Youth Perspectives on the Use of Teletherapy Live Webinar

12:00 PM - 01:00 PM EST IPA 2026 Webinar Series 1.0 Hour of Category I CE credit Friday, February 20, 2026 at Noon

Registrants will receive further information for participating via Zoom Webinar for the presentation.

Program Description: Clinician and Youth Perspectives on the Use of Teletherapy During and following the COVID-19 pandemic, a proliferation of telehealth occurred. Notably, teletherapy became a lifeline for youth needing access to behavioral health services amidst a nationally-acknowledged behavioral health crisis. Telehealth services offer the possibility of decreasing barriers to accessing behavioral health care, especially for families who live in rural areas or those from socioeconomically-disadvantaged backgrounds. However, the widespread adoption of telehealth also presents trade-offs for clinicians and families in key ethical and practice domains related to risk, patient engagement, and effectiveness. Current guidelines are over a decade old and inadequate to support clinicians in making evidence-based decisions about the appropriate use of telehealth.

In this presentation, we describe findings from interviews with clinicians, youth, and their caregivers regarding their experiences with teletherapy and their decision-making processes surrounding its use. We describe key themes emerging from these interviews and offer guidance and recommendations for how to carefully consider the use of teletherapy for youth and their families.

### Learning Objectives

By completing this program, participants will able to:

- 1. Describe rapid increase in use of teletherapy for children and families.
- 2. Identify known limitations and effectiveness of use of teletherapy with youth and families
- 3. Describe prominent themes in qualitative interviews completed with clinicians, youth, and their family about advantages, disadvantages, and decision-making in use of teletherapy
- 4. Apply ethical principles to the evidence-based practices of telehealth with youth and families

Presenter Bio: Allison E. Meyer, PhD, HSPP

Dr. Meyer has been an Assistant Professor of Psychiatry in the Department of Psychiatry at Indiana University School of Medicine since 2022. She received her PhD in Clinical Psychology from Duke University in 2020 and completed her psychology internship and postdoctoral fellowship at the University of Michigan.

Her clinical interests are in exposure-based treatment of pediatric anxiety and obsessive compulsive disorders, with a particular focus on parent-centered treatment. Her research interests include dissemination and implementation of evidence-based practices into community settings and affective mechanisms of reassurance seeking in anxiety disorders. She is currently collaborating with Dr. Casey Pederson to develop tool to assist clinicians' ethical decision making about appropriate use of telehealth for youth and families.

Dr. Allison Meyer

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Psychiatry at the Indiana University School of Medicine. She specializes in the assessment and treatment of potentially life-threatening behaviors in adolescents, such as aggression, substance use, and suicide risk, with a focus on addressing these concerns among legally involved youth. Holding a doctorate from the University of Kansas, Dr. Pederson fortified her expertise through specialized training at Brown University's Warren Alpert Medical School, concentrating on juvenile justice and behavioral health. Her postdoctoral training at Indiana University School of Medicine centered on implementing evidence-based assessments and treatments for adolescent substance use for both justice-involved and community youth. Currently, she is the director of the suicide prevention services offered through the Riley Child Outpatient Clinic (including the Collaborative Assessment and Management of Suicidality, Dialectical Behavior Therapy), and she engages in research designed to connect youth experiencing high-risk conditions to outpatient treatment and improve their quality of care.

Dr. Casey Pederson

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CE certificates will be distributed via email withing two weeks post-event.

### Registration Fees

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IPA Basic, Emeritus-Retired Members, and Affiliate Members - \$15
Non-Members - Psychologists and Other Professionals \$30
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Registration will close on Thursday, February 19th, 2025.

March 27, 2026

# IPA Spring Ethics Event: The Trust Sequence XV - Risky Business: The Ethics and Risk Mana Live Zoom Webinar

09:00 AM - 04:30 PM EST

IPA 2026 Virtual Ethics Conference

6.0 Hours of Category I CE credit

15% off your Trust Sponsored Professional Liability Policy premium (for 2 consecutive years at policy renewal)

Friday, March 27th, 2026 9:00 am - 4:30 pm ET

Registrants will receive further information for participating via Zoom Webinar for the presentation.

The Trust Sequence XV - Risky Business: The Ethics and Risk Management of High-Risk Circumstances in Clinical Practice

### Program Description:

For over two decades, The Trust has worked to educate and support psychologists in improving their ethics and risk management skills and strategies by providing live workshops, webinars, risk management consultations, and expanding resources. This 15th Workshop in our Sequence series continues to emphasize applied, integrated and strategic methods to help you stay grounded in ethical principles and practices, and to protect you from adverse disciplinary and legal actions.

Psychologists routinely encounter complex, high-stakes situations that require sound clinical judgment, ethical decision-making, and proactive risk management. This advanced workshop provides a deep dive into five of the most legally and ethically challenging areas of practice: compassionate and competent treatment of suicidal patients while balancing clinical and liability concerns, navigating the complexities of duty to protect obligations, working effectively with high-conflict families, managing subpoenas and courtroom testimony, and ensuring a legally and ethically sound termination of treatment. This day-long workshop will provide actionable strategies to mitigate risk, protect clients and practice, and enhance confidence in addressing these critical issues. This seminar is a key training for psychologists seeking to strengthen their ethical competence and safeguard their professional integrity in today's increasingly complex clinical landscape.

\* This course will not fulfill requirements of all jurisdictions. It is important that potential participants review their respective state licensing board requirements prior to registering for this workshop.

Target Audience: The Trust's workshops and webinars are appropriate primarily for psychologists and psychology students, but may also be useful to other related behavioral health practitioners. The Workshop is designed for an intermediate level.

Learning Objectives:

By completing this program, participants will able to:

Describe five principles that can assist in improving ethical, clinical and risk management judgements and decision-making.

?List three erroneous myths regarding patients/clients who become suicidal.

Name three clinical and risk management steps to address imminent suicidality.

Define three elements of meeting standards of care related to the duty to protect.

Identify four dimensions of responding effectively to subpoenas for testimony and

records.

Summarize four essential ethical and risk-management steps in clinician-initiated endings of care.

Presenter: Leisl M. Bryant, Ph.D., ABPP

Dr. Bryant is a licensed New Hampshire and Massachusetts-based clinical and forensic psychologist, with board certification in Forensic Psychology by the American Board of Professional Psychology. She received her B.A. from the University of West Florida, her M.A. and Ph.D. in clinical psychology from Duquesne University, and completed a forensic postdoctoral fellowship at the University of Massachusetts Medical School Law and Psychiatry Program.

Working in both criminal and civil arenas, Dr. Bryant has maintained a private practice in clinical and forensic psychology for nearly two decades and has provided psychological services in a variety of forensic and therapeutic settings. Dr. Bryant is a Fellow with the American Academy of Forensic Psychology, and formerly served as President and Executive Director of the New Hampshire Psychological Association (NHPA). She also served on the NHPA Ethics Committee for over ten years, received the Margaret M. Riggs Award for Distinguished Contribution to Psychology in the State of New Hampshire, and was awarded the Karl F. Heiser APA Presidential Award for Advocacy. Dr. Bryant brings extensive experience in forensic, clinical, and ethical consultation, academic instruction, and professional presentation to her role on the risk management team.

Dr. Leisl Bryant

Special Note: this CE event will not be recorded and is not available for home study

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Eligibility for The Trust Insurance Premium Discounts:

Workshop completion earns 6 CE credits and eligibility to receive a 15% premium discount on your Trust Sponsored Professional Liability Insurance for your next 2 consecutive policy periods. To obtain CE discounts, submit CE certification from an organization approved by APA to offer CE credit (must have been completed within the previous 15 months) with the insurance application. Discounts cannot be combined and are not applicable to Researcher/Academician or Student policies. Group policies become eligible for the CE discount when at least 50% of those insured under the group policy submit CE certification. All applications are individually underwritten and submission of CE certification will not guarantee insurance policy issuance or renewal.

PROPOSED Registration Fees:

Non-Members - Psychologists and Other Professionals \$xxx IPA Basic, Emeritus-Retired Members, Academic, Post-doc, and Affiliate Members -\$xxx

IPA New, Premier, Emeritus-Practicing - \$xxx IPA Platinum Members - \$xxx

Registration will close on Thursday, March 26th at 11:59 p.m.