

# Sports Psychologist, Embedded in Athletics



The University of Notre Dame Department of Athletics has a very ambitious mission – to cultivate the holistic formation of student-athletes in their pursuit of excellence. At Notre Dame, participating in intercollegiate athletics means much more than just engaging in training and competition — it is a central component of a student's education and development. To best fulfill this mission, we aim to maintain an environment that allows student-athletes to feel safe yet uncomfortable, a unique balance of challenge and support. After all, that is where growth happens.

We all know growth doesn't always come easy and it certainly doesn't occur in a silo. When you decide to come to Notre Dame, you are truly entering a community; one that is based on support, collaboration, and a commitment to the mission. Regardless of your role, you will be challenged to consider ways that you can innovate and improve, not only for yourself but for the greater university community.

The Sport Psychology Program, a collaborative effort between the Department of Athletics and the University Counseling Center, is a critical element of this community. In fostering holistic formation, mental/emotional health and well-being are big pieces of the puzzle. If student-athletes are struggling in their personal life, it is sure to trickle into their athletic/academic performance, and vice versa. Although the provision of individual and group counseling services are essential parts of the job, your impact will extend far beyond the therapy room. Engaging with coaches, administrators, sports medicine, and athletic department staff to equip them with tools necessary to promote mental health and high performance is central to advancing our mission. Sport Psychologists are positioned to creatively call upon their knowledge and skills to support student-athletes, bolster the Notre Dame community, and shape the evolving Sport Psychology Program to best meet the unique clinical and performance-based needs of the department.

#### Job Responsibilities:

The Sport Psychologist reports directly to the Assistant Director of the University Counseling Center and Sports Psychology Program Director. This position is responsible for providing counseling and sport psychology services within a multidisciplinary environment consisting of Sports Medicine (i.e., team physicians, athletic trainers), Strength and Conditioning, and Sports Nutrition. Through close collaboration, this team of professionals provides integrated and comprehensive care that addresses the entire spectrum of student athlete wellbeing to enhance their personal, social, emotional, academic, and athletic growth and performance.

The Sport Psychologist is involved in the following professional activities: the provision of individual and group psychological services to a diverse student athlete population presenting with a broad range of diagnoses and concerns including psychological, social, developmental, or other difficulties that interfere with a student's academic and athletic success; the design, execution, and evaluation of psychoeducational programming for the Athletic Department often in conjunction with the office of Student Welfare and Development; the implementation of individual and team-based performance enhancement interventions; the provision of clinical supervision to post-doctoral candidates or to doctoral interns within the UCC's APA Accredited doctoral internship program; and administrative activities to support the Sport Psychology Program. As a member of the UCC staff, the Sport Psychologist also attends UCC staff meetings, participates in UCC professional development activities, and is available to assist the UCC as needed in the provision of clinical services to the general student body.

Anticipated Start Date: Feb. 1, 2021. Position is full-time, 12 months.

#### MINIMUM QUALIFICATIONS:

- Doctoral degree in Counseling or Clinical Psychology from an APA accredited Program and licensure as a psychologist and Health Service Provider in Psychology within the first year of employment.

- Evidence of outstanding skills in clinical assessment, psychotherapy, crisis management, and psycho-education.
- Two years of experience (can include internship) providing mental health counseling and performance enhancement services to athletes, preferably in a university or college counseling center setting.
- Interest in engaging in the typical work of a university counseling center, including short-term counseling, group counseling, crisis work, outreach, consultation, and training.
- Demonstrated sensitivity to multicultural issues and proven ability to interact with diverse individuals and groups..
- Ability to provide supervision to psychologists-in-training.
- Strong communication and interpersonal skills.
- Ability to work independently and as a member of a multidisciplinary team.
- Ability to problem-solve, handle sensitive information and nuanced situations.
- A solid understanding of boundaries and professional ethics

#### **PREFERRED QUALIFICATIONS:**

- Experience and interest in supporting and empowering individuals from underrepresented and marginalized communities.
- Proficiency in addressing aspects of students' intersecting identities within the context of psychotherapy.
- Bilingual or multilingual.

#### **ABOUT NOTRE DAME:**

The University of Notre Dame, founded in 1842 by Rev. Edward F. Sorin, C.S.C., of the Congregation of Holy Cross, is an independent, national Catholic university located in Notre Dame, Ind., adjacent to the city of South Bend and approximately 90 miles east of Chicago. With 1,250 acres containing two lakes, Notre Dame is well known for the quality of its physical plant and the beauty of its campus.

See how you can enjoy the advantages of life in a livable, affordable environment accessible to a multitude of amenities sure to match your preferences. Enjoy them with a University community where a sense of belonging and engagement may be the most cherished feature of all. With many affordable neighborhoods, award winning school systems and of course world-class sporting and cultural entertainment options, there is literally something for everyone here - <http://hr.nd.edu/why-nd/community-connections/>.

#### **APPLICATION PROCESS:**

Please apply online at <http://ND.jobs> to Job #S21101 or visit <http://jobs.nd.edu/postings/19934>. For additional information about working at the University of Notre Dame and various benefits available to employees, please visit <http://hr.nd.edu/why-nd>. The University of Notre Dame supports the needs of dual career couples and has a Dual Career Assistance Program (<http://hr.nd.edu/employment-opportunities/dual-career-assistance-program/>) in place to assist relocating spouses and significant others with their job search.

**The University of Notre Dame seeks to attract, develop, and retain the highest quality faculty, staff and administration. The University is an Equal Opportunity Employer, and is committed to building a culturally diverse workplace. We strongly encourage applications from female and minority candidates and others that will enhance our community. Moreover, Notre Dame prohibits discrimination against veterans or disabled qualified individuals, and requires affirmative action by covered contractors to employ and advance veterans and qualified individuals with disabilities in compliance with 41 CFR 60-741.5(a) and 41 CFR 60-300.5(a).**